



PICKLE BALL
COVID-19 RETURN TO PLAY
Guidance on Safe Return to Play
USA Pickleball Association (USAPA)

Due to the possibility of players returning from high-risk areas, or who have been infected and are contagious, extra precautions are necessary to prevent the asymptomatic transmission of the virus.

During Play:

- Players must strictly adhere to social gathering and distancing policies, according to local, state, and federal authorities. Group size should be in compliance with NY state guidance.
- Do not use courts if you have any symptoms. Cover your mouth and nose when coughing or sneezing with your sleeve, not your hands. Do not touch your face during play.
- Use gloves when moving nets onto courts.
- Players should be prepared to adhere to a minimum of a six-foot social distancing measure
- Consider playing with only family members or others who reside in your household.
- Each person should use their own pickleballs on the court, consider serving with different color pickleballs or label them clearly.
- Use your paddle and foot to pick up pickleballs and transfer them to your opponent. Not your hands.
- Avoid contact with others, such as hand shaking and high fives.
- Singles play is best option. If you do elect to play doubles, consider playing with only those who reside within your household.
- Bring the necessary supplies (hand sanitizers, wipes) to disinfect your way in and out. If you need to open the gate, clean before and after.
- Consider using hand sanitizer between games.
- Avoid changing ends of the court. Stay on same side for entirety of play.

After Play:

- Leave the court as soon as reasonably possible.
- Wash your hands or use hand sanitizer immediately after your match is over.
- Avoid post play socializing.
- Thoroughly wash your paddles, grips, pickleballs, towels, clothes, bags, water bottles, and other items you have used or touched.
- Sanitize any touch points such as gate entrance.